

## ROCK EAGLE 2016 September 21-23, 2016

As you may or may not know, the 5th grade will be taking an overnight trip to Rock Eagle 4-H Center. This packet contains specifics of the trip, including emergency information, permission slips, rules and a list of what to bring. On site, breakfast, lunch and dinner will be provided. Additionally, snacks will be provided for the way there and back. Students must bring a reusable water bottle with them as they will use that daily to stay hydrated.

### 5th Grade Assessment Fee:

Due to the quantity and quality of 5th grade activities, there is a 5th grade assessment fee of \$230. Families are asked to pay this amount in full at the beginning of the year, or in two installments, with the first installment to be paid by Wednesday, August 31 and the second installment due by December 15th. (Scholarships are available, if needed; please discuss with your child's teacher). Please make checks payable to Morris Brandon PTA. Checks can be placed in an envelope marked Rock Eagle in 5th Grade Slot in the Bee Box.

### On Wednesday, September 21st, students need to arrive at Brandon between 7:30-8:00am and report to their classroom as they normally would.

PLEASE be on time! Do not drop students off in the front of the school. Use the lower lot carpool line or if your child needs help with their luggage then park in the lower lot or in legal parking areas along Dover and walk them to the school. Children that typically arrive by bus may do so if they are able to navigate the bus with luggage. Once students assemble in their classrooms they will be given instructions and buses to Rock Eagle will depart promptly at 8:45am in order to reach Rock Eagle by 10:30am.

### On Friday, September 23rd, buses should arrive back at Brandon @3pm.

We will make every effort to arrive at Brandon on time. Please make arrangements for your child to be picked up at school at 3pm sharp. The teachers & students come back very tired so PLEASE do not be late.

The following items are attached:

1. What to Bring and Wear List
2. Information about Rock Eagle Trip Classes
3. Emergency Information
4. Directions to Rock Eagle
5. The following forms must be signed by parent/student and put in the box marked "Rock Eagle Forms" located in the Front office no later than Wednesday, August 31, 2016.
  - a. Emergency Permission Slip with Contact Numbers
  - b. Field Trip Medication Form - a doctor's signature to administer prescription or nonprescription medication. If your child has medication/complete forms with the school nurse you don't need to get new forms signed - we can use the ones on file.
  - c. Rock Eagle Field Trip Contract
  - d. Student Rules - to be read and signed by you and your child
  - e. APS field trip permission slip

Should you have any questions for concerns, please call one of us or speak with your child's teacher.

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## ROCK EAGLE 2016 WHAT TO BRING AND WEAR

Please remember:

- PLEASE LABEL ALL ARTICLES WITH YOUR CHILD'S NAME.
- Do not bring items that are not on the list unless approved ahead of time by the teacher accompanying your child on the trip. Please do not bring: **CANDY, GUM, CELL PHONES, IPODS, ELECTRONIC DEVICES**
- Limit luggage to one bag and a sleeping bag. Alternately, a fitted sheet and flat sheet may be sent instead of a sleeping bag. Pillows with pillow cases are provided. Avoid sending unnecessary items as the children are responsible for carrying their own bags.
- **ONLY OLD CLOTHES ARE NEEDED.** New clothes may be ruined by heavy outdoor use.
- **SANDALS MAY NOT BE WORN** anywhere on the grounds of Rock Eagle unless they have a strap (Crocs with straps are permitted).
- The two most important items on this list are a **water bottle and a raincoat.** We are outside for the majority of the time - even when it is hot or raining. Please be prepared.

ON WEDNESDAY:

- Bring a reusable water bottle filled with water.
- Weather permitting, wear a T-Shirt, Shorts, Tennis shoes, socks and a Hat(if desired)
- Please Apply Sunscreen before leaving if appropriate as we will arrive and go straight to classes
- Students that take medication on the trip will need to drop off the medication with their home room teacher Wednesday morning and communicate how it is to be administered.

WHAT TO BRING FOR WEDNESDAY-FRIDAY:

- 1 sleeping bag or twin size bedding - pillows and pillow cases are provided
- 1 towel/2 washcloths/1 hand towel
- Toiletries (hand soap, toothbrush, toothpaste, shampoo, deodorant, hair brush, etc.)
- Hat/Cap or Visor and Sunglasses
- Sunscreen and Insect Repellant
- Canteen Money (Optional: suggested amount \$20-30(\$5-10 if just for snacks/\$30 if the child wants a t-shirt and snacks)
- 1 set of sleepwear (pajamas, sweatpants/sweatshirt or T-shirt/shorts)
- 2 pairs of jeans or long pants
- 3 pairs of shorts (appropriate length for hiking and climbing - no "short" shorts)
- 3 shirts, a mix of long and short sleeve
- 1 jacket, sweatshirt or sweater (may need it for bus)
- 1 poncho or 1 raincoat with hood or hat. **NO umbrellas please.**
- 3 pairs of underwear
- 5 pairs of socks (due to changing wet socks)
- 2 pairs of closed-toe, good walking shoes and 1 pair of water shoes or sandals with straps that can get wet/muddy and shower shoes if desired,
- 1 trash bag/large Ziplock bag for wet or dirty clothes
- Quiet material (cards, books, etc.) for the bus ride
- Flashlight
- Teddy Bear (or whatever your child likes to sleep with)
- 1 reusable water bottle

# ROCK EAGLE 2016

## Class List and Preparations

**Herpetology:** Students get the opportunity to handle, observe, and learn about reptiles and amphibians. Characteristics and adaptations of snakes, turtles, alligators, salamanders, and more will be discussed. Also, many of the misconceptions about these beneficial, but often misunderstood animals will be dispelled.

**Watershed Studies:** Explore a Piedmont watershed and discover how humans can impact local water bodies. Students will sample aquatic organisms in our streams and discuss how watershed assessment can help monitor the health of our groundwater and water bodies. Final thoughts will include discussions focusing on students' actions for a healthier watershed. Students will need to bring old shoes that can get wet and muddy.

**Lake Ecology:** Be prepared to get your feet wet in this fascinating class. Students will use dip nets to collect and identify common organisms found in Rock Eagle Lake. Adaptations to an aquatic environment and characteristics of lakes will be discussed through exploration and hands-on activities. Students will need to bring old shoes that can get wet and muddy.

**Challenge Course:** Groups focus on the principles of team-building by working through a progression of initiatives and elements. Each activity will focus on a different aspect of the team. These aspects may include goal setting, trust, problem solving, planning, or group cohesion. Most groups will progress onto the low ropes course during this class. Add fun to team-building and you have a recipe for success. This course is physically and mentally challenging to groups.

**Pioneer Life:** Students will participate in chores associated with life on a farm during early Georgia history. From the early 1800's to the mid 1900's, chores include drawing water, laundry, and gardening. Students will tour the original home site and features of the Scott family.

**Raptors (evening):** Visit with our Rock Eagle Raptors in this class. Students will gain an understanding on the ecological importance of raptors and their special adaptations that allow them to be the top of the food chain!

**Nature Hike (evening):** Experience the sights and sounds of Rock Eagle at night. Students will hike Rock Eagle trails and learn how nocturnal animals use their senses at night.

Activities may vary due to seasonal constraints and weather. There will also be games, recreation time and a campfire.

## **ROCK EAGLE 2016**

### **Emergency Information**

Students will be under adult supervision during the trip, and the teachers and chaperones demand order and structure 24 hours a day. This ensures a conducive learning environment, but more importantly, it means that your child will always be in a safe and secure surrounding as he/she explores the natural surroundings.

#### **Medical Emergencies**

In the event of an accident that needs hospital treatment, an ambulance or chaperone will transport the student to St. Mary's Good Samaritan Hospital, 5401 Lake Oconee Parkway, Greensboro, GA 30642 which is located twenty minutes away. At least one chaperone will have a personal vehicle to be used in case of an emergency. In such an event, a teacher/ staff member will contact you as soon as possible. Directions are attached should an emergency arise.

#### **Medications**

Label all medications with your child's name. All medications must be given to their homeroom teacher upon arrival at school Wednesday morning. Teachers are responsible for administering any daily medication. You will get the medicine back from your child's homeroom teacher upon pick up Wednesday. Inhalers/Epi-Pens and other medicines taken on an urgent as needed basis may be carried by the students on the bus or given to their chaperone that morning. Once at Rock Eagle, the Chaperone for that child will be responsible for carrying it around for the duration of the trip. The law requires that all medications be in their original container with written instructions for dispensing the medication. The attached medication form must be filled out and returned by Wednesday, August 31st. By law, any medication (even non prescription) cannot be administered without a doctor's instructions and signature on the form. Therefore, if you sending any medicine with your child, fill the form out in its entirety and have it signed by your child's doctor. If your child has medication/complete forms with the school nurse you don't need to get new forms signed - we can use the ones on file.

#### **Family Emergencies**

Please DO NOT CALL the Rock Eagle 4-H Center except in the case of emergency. When the buses arrive at the center, an e-mail will be sent to let parents and staff know that we have arrived safely. We should arrive no later than 10:30am. Families may call the administration office at (706) 484-2899 in case of an emergency. If it is after hours, call the security guard at (706) 484-2821. If it is after hours, and you have an emergency, you can reach Ms. Harron at (678) 429-4809.

#### **Directions to Rock Eagle 4-H Conference Center**

350 Rock Eagle Road

Eatonton, Georgia 31024

Phone: (706) 484-2899

Email: [reagle@uga.edu](mailto:reagle@uga.edu)

Office Hours: Monday - Friday 8:00 a.m. - 5:00 p.m.

#### **From Atlanta and other areas West and Midwest**

Take I-20 East towards Augusta. Take Exit 114 (Madison/Eatonton exit) and turn right (south) onto Highway 441/129. Travel about 12 miles until you see a large, rectangular, stone sign on the right which says, "University of Georgia, Cooperative Extension Service, Rock Eagle 4-H Center." Turn right and drive about 2.5 miles until you see a smaller version of this stone sign. Turn right. Drive down the hill to the guard house (at the stop sign). Follow the white and black signs to your destination.

**ROCK EAGLE 2016**  
**Emergency Permission Slip**

Student's Name \_\_\_\_\_

Date \_\_\_\_\_

Homeroom Teacher \_\_\_\_\_

For your child to participate in this educational trip, it is necessary for him/her to have your permission and for you to supply the following required information. Complete the form and return to the school by Wednesday, August 31, 2016.

1. My child has permission to participate in the Environmental Education Program at Rock Eagle 4-H Center.  
YES \_\_\_\_\_ NO \_\_\_\_\_

2. My child has permission to participate in all classes chosen by school personnel.  
YES \_\_\_\_\_ NO \_\_\_\_\_

3. I understand my child must have accidental insurance coverage to attend the trip to Rock Eagle. The Rock Eagle 4-H Center is not responsible for medical coverage. The student must be covered by a parent or school policy.

\_\_\_\_\_ My child is already covered by an insurance policy.

Company Name: \_\_\_\_\_

Member No: \_\_\_\_\_

Policy No: \_\_\_\_\_

\_\_\_\_\_ I will need to purchase a school insurance policy. (Please contact your child's homeroom teacher for a form and once coverage is applied for, please give a copy of the form to your child's homeroom teacher verifying coverage.)

4. I give permission for my child to be taken to a doctor or hospital for medical treatment should the need arise. YES \_\_\_\_\_ NO \_\_\_\_\_

5. Emergency Contacts:

Contact Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Alternate Number: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Alternate Number: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Concerns or issues you would like to communicate to the chaperones regarding your child:

\_\_\_\_\_

# ROCK EAGLE 2016

PLEASE COMPLETE A FORM FOR EACH MEDICATION / MEDICAL PROCEDURE

Reference: APS Policy JGCD - Medication

## ATLANTA PUBLIC SCHOOLS ADMINISTRATION OF MEDICATION / MEDICAL PROCEDURES

Student's Name \_\_\_\_\_ Homeroom \_\_\_\_\_

Date of Birth \_\_\_\_\_ Telephone # \_\_\_\_\_ Emergency # \_\_\_\_\_

Address \_\_\_\_\_

Medication / Medical Procedure \_\_\_\_\_ Diagnosis \_\_\_\_\_

Starting Date of Medication / Medical Procedure \_\_\_\_\_

Physician's requirements of dosage / method of administration (Please indicate if student is responsible for self-administration and should carry medication / medical equipment) \_\_\_\_\_

Student is capable and recommended to possess, and self-administer this medication / medical procedure:

NO \_\_\_\_\_ YES-Supervised \_\_\_\_\_ YES-Unsupervised \_\_\_\_\_

Time medication / medical procedure is to be provided daily \_\_\_\_\_

Precautions, possible side effects, interventions \_\_\_\_\_

Drug / Food Allergies \_\_\_\_\_

Termination date for administering the medication / medical procedure \_\_\_\_\_

Physician's Name \_\_\_\_\_

Physician's Address \_\_\_\_\_

Telephone # \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

- Parent(s) / guardian(s) by signature below acknowledges that the school is providing for the administration of medication / medical procedure as a courtesy to the parent(s) / guardian(s) and agrees to hold the school and school system harmless in its so doing.
- Additionally, authorization is granted to obtain pertinent medical and/or copies of records pertaining to my child's medication and for this information to be shared with pertinent staff as needed.
- I understand that effective April 14, 2003, under the Health Insurance Portability and Accountability Act ("HIPAA"), disclosure of certain medical information is limited. However, I herein authorize disclosure of pertinent medical information for the provision of services for my child while in attendance in the Atlanta Public Schools District. This authorization expires as of the last day of this school year, including the summer/ extended year session.
- Our school nurses are governed by the Georgia Nurse Practice Act and APS Policy JGCD - Medication, and they will only administer medication in accordance with written medical orders signed by a licensed physician, dentist, or podiatrist. APS nurses will not modify any dosage of medicine based solely on a request or recommendation by a parent or guardian. A parent or guardian seeking a dosage modification must provide the nurse with an appropriate medical order.

Parent(s) / Guardian(s) Signature \_\_\_\_\_ Date \_\_\_\_\_

Reviewed by: \_\_\_\_\_ Date \_\_\_\_\_

Principal

School

Distribution: School Clinic – Student's Personal Folder – Parent(s) / Guardian(s) - Health Services  
Form # 67071

REV 08/15/2014

## ROCK EAGLE 2016 CONTRACT

All sections must be read and signed before attending the Rock Eagle trip.

1. I agree to drive to the Rock Eagle 4-H Center in Eatonton, GA and pick up my child and take him/her off the premises if the supervising teacher deems it necessary for any reason.

Some possible reasons for which the supervising teacher may have a student picked up by their parent are:

- Extreme medical discomfort
- Any school policy violation
  - Fighting under any circumstances
  - Defiance of authority and/or insubordination
  - Destruction of property
  - Being away from the assigned area without permission
- Inappropriate packing for the trip. DO NOT BRING ITEMS NOT FOUND ON THE PACKING LIST WITHOUT PRIOR APPROVAL.
- Any occurrence(s) that the supervising teacher feels could threaten the safety and/or order of the group.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

2. I understand that I am responsible for any damages to the Rock Eagle 4-H Center facilities incurred by my child, and I will pay for any necessary repairs and/or replacements.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

3. Waiver of Liability and Release: I recognize that there are inherent risks involved in travel. In consideration of the services provided, I hereby release and hold harmless the organizers and chaperones of this field trip from any and all liability for injuries, including those resulting in death, and illnesses incurred while participating or attending the Rock Eagle 4-H Field Trip. By signing this document, the legal guardian confirms that he or she has authority to sign, has read the entire document, and has understanding that the documents waive certain rights of the person signing or the participant.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

# ROCK EAGLE 2016

## STUDENT RULES

Rock Eagle considers field study trips just like school, just outside! We expect respect for the environment, all adults and all students. The following rules are provided by Rock Eagle.

- 1 Stay in designated areas.
- 2 Be on time for all activities.
- 3 Be an active participant in all class activities.
- 4 Use the same proper conduct and behavior expected of you at school.
- 5 Be on time for meals. After each meal, pick up trash from table and floor, take trays to tray drop, and exit the Dining Hall.
- 6 Electrical appliances may not be used in bathrooms. (Only in bedrooms or living rooms.)
- 7 Alarms may not be set for earlier than 7:00am.
- 8 Keep cottages clean and organized (please keep muddy/wet shoes out of cottages).
- 9 Do not visit in cottages other than your own, except at scheduled times.
- 10 Quiet hours from 10:00pm-7:00am.
- 11 Do not borrow things belonging to someone else without asking them first.
- 12 Before checking out on the last day:
  - Clean cottages, empty all trash, sweep and dust, check and re-check for items left behind, place all recycling in recycling containers near home building
- 13 Pick up all trash around cottage and surrounding area.

### Hand Signal

- A raised hand means it is time to listen.

### Be Prepared for Classes

- Must wear shirt and shoes at all times (No flip-flops; sandals only if they have a back-strap).
- Have rain gear if necessary - we go rain or shine.
- Wear layers and/or sunscreen if appropriate.
- Bug repellent can be applied **outside** of rooms only.
- Drink lots of water.

### Canteen

- Canteen times will be communicated to students during orientation. Only cash is accepted. Canteen rules are that students can buy only one chocolate item per canteen visit. Students are not allowed to buy caffeinated beverages. Students may not have food or drink in their dorm rooms. Please make sure to recycle and dispose of all trash!

### Free Time

- Must always be supervised by adults.

I have read and understand these rules.

Student Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_





ATLANTA  
PUBLIC  
SCHOOLS

Making A Difference

Morris Brandon Elementary School  
Morris Brandon Primary Center

Kara Stimpson  
Principal

Phone Main Campus: 404-802-7250  
Phone Primary Center: 404-802-7280  
Fax Main Campus: 404-802-7299  
Fax Primary Center: 404-351-8400

Date: 8-22-16

Dear Parent (s):

Your child is attending a field trip to Rock Eagle 4-H Center  
on Sept 21-23, 2016. The class will leave Morris Brandon at 8:45 AM on <sup>Wed</sup> Sept 21  
and will return at 3PM on <sup>Fri</sup> Sept 23. Chaperones for the trip are welcome. If you can  
serve as a chaperone, please contact your child's teacher. Your signed permission is  
required before your child can accompany the class on this trip. Precautions will be taken  
to safeguard your child against accidents. However, you should carefully evaluate the  
hazards involved before granting your permission. Please complete the permission form  
below and return to your child's teacher by Wed. Aug 31, 2016.

Sincerely,

Teacher Colleen Harron

Principal Kara Stimpson

Complete and return to school.

I request that \_\_\_\_\_ be permitted to participate on the field trip to  
(Child's name)

the \_\_\_\_\_ on \_\_\_\_\_  
(Place) (Date)

\_\_\_\_\_  
Parent's Signature